



**NATIONAL LAW
UNIVERSITY
TRIPURA**

YOGA AND WELLNESS CELL
NATIONAL LAW UNIVERSITY, TRIPURA

presents



A SPECIAL SESSION ON

Stress, Burnout & Mental Health Among Legal Professionals

A CONVERSATION FOR
A HEALTHIER LEGAL COMMUNITY



Dr. Poonam Mukherjee

Assistant Professor
Department of Psychology
Tripura University



15 September
(Monday)



3:00 PM
onwards



NLU Tripura
campus

SUPPORT
REFLECT
BALANCE
THRIVE